



FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF
PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

September 2023

Volume 15 Issue 9



Ideas and not battles mark the forward progress of mankind. Individuals, and not masses, form the culture of the race.

-SCIENCE OF SURVIVAL

FREE THETAN

NEWSLETTER OF THE ASSOCIATION OF PROFESSIONAL INDEPENDENT SCIENTOLOGISTS

Preserve, Protect & Promote

FREE THETAN
Volume 15 Issue 9 September 2023

Editor in Chief
Michael Moore

Contributors
L. Ron Hubbard
Michael Moore
Sebastian Tombs
Harry Seldon
And many others

Advertising
Technical Author Services Pty Ltd
<http://authorservices.org>

The FREE THETAN is the monthly Newsletter of the Association of Professional Independent Scientologists. It is available as a free download from the APIS website or by subscription. The Association of Professional Independent Scientologists is the operating name of the International Freezone Association Inc, a duly registered non profit association registered in the State of Delaware, USA.

Website:
independent-scientologists-association.net
Email address:
support@internationalfreezone.net

Important

In studying Dianetics and Scientology be very, very certain you never go past a word you do not fully understand.

The only reason a person gives up a study or becomes confused or unable to learn is that he or she has gone past a word or phrase that was not understood.

Trying to read past a misunderstood word results in mental “fogginess” and difficulty in comprehending the passages which follows. If you find yourself experiencing this, return to the last portion you understood easily, locate the misunderstood word and get it defined correctly—and then go on.

~oOo~

	<p>The Members Quarterly Journal of the Association of professional Independent Scientist</p> <p><i>Preserve, Protect & Promote</i></p> <p>http://independent-scientologists-association.net</p>	
		<p>reservo, servo, proveho</p>

~ Editorial ~



reservo, servo, proveho

Dear Reader,

Your individuality is uniquely you. It is you that unique. It is the bank that gives the false impression that we are all the same and just masses. Nothing could be further from the truth.

“Man is not a reactive* animal. He is capable of self-determinism. He has will power. He ordinarily has high analytical ability. He is rational and he is happy and integrated only when he is his own basic personality.”

—DIANETICS: THE ORIGINAL THESIS

Nowadays the emphasis is on assigning everyone a number, A digital ID. When you consider that we are all free immortal beings only temporarily inhabiting a body, this is laughable. One only needs to vacate the body to destroy the aberration of identity. This is why the emphasis is on harping that ‘one is a brain, or a body.’ Makes it easier to control people, if they think ‘when the body dies or is vacated, then the person dies with them.’

But remember, “Never regret yesterday. Life is in you today, and you make your tomorrow.”

The Code of Honor, CREATION OF HUMAN ABILITY

I do hope you enjoy this issue!

Until next time.

ARC,

Michael Moore
Editor

~oo00oo~

The Aims of Scientology and APIS

Lafayette Ron Hubbard first issued the 'Aims of Scientology' which of course still stands. Yet, despite holding a copyright on these aims the Church of Scientology, RTC and the CST do not appear to be following these aims fully. Therefore it behooves us to take some responsibility and set out our aims, based upon the aims that Ron first envisaged as something which we can honestly strive to attain.

We therefore stated below:

The Aims of APIS

To contribute towards having a sane society by the promotion, expansion and application of the technology to the point where people can live their lives in peace and security and without war or insanity and where they can honestly flourish and prosper and attain higher levels of spiritual being.

APIS is non political in nature and welcomes any individual of any creed, race or nation.

APIS does not seek revolution. APIS seeks only to assist in paving the way for evolution to higher states of being for the individual and for society. After endless millennia of ignorance about himself, his mind and the universe, a breakthrough has been made for man by Lafayette Ron Hubbard with the philosophy and the technology he developed to free man from the shackles of his mind.

According to Lafayette Ron Hubbard, "The combined truths of fifty thousand years of thinking men, distilled and amplified by new discoveries about man, have made for this success."

We welcome you to APIS. We would like your help in achieving our aims and helping others and we hope to be able to help you in return.

The original working technology of Lafayette Ron Hubbard is the most vital movement on Earth today. In a troubled world, the job of promoting and applying this technology is not easy. But then, if it were, we wouldn't have to be doing it.

APIS does not owe its help not having done anything to caused it to propitiate. We are here because we want to be here and we want to assist Ron in his aims.

As Ron says:

"Man suspects all offers of help. He has often been betrayed, his confidence shattered. Too frequently he has given his trust and been betrayed. We may err, for we build a world with broken straws. But we will never betray your faith in us so long as you are one of us.

The sun never sets on Scientology.

And may a new day dawn for you, for those you love and for man.

Our aims are simple, if great.

And we will succeed, and are succeeding at each new revolution of the Earth.

Your help is acceptable to us.

Our help is yours."

'The Aims of Scientology' -- Lafayette Ron Hubbard

~oo00oo~



Success Stories in the Independent Field

Communications Course

“I saw great improvement in my communication skills, and look forward to growing more with that. I learned not to let individuals push my buttons, and how to act when they try. I learned how to look at someone and confront them when they are trying to communicate with me. I learned how not to get tied up in the drama or comments others try to bring in when communicating. I look forward to applying these skills in my family, my relationships and my profession.”

“I was asked what I got out of the Communication Course. At first, not much, but as we progressed through each step, everything started to come together. I learned how to confront issues and people. You don’t realize when you can’t confront something until it is right there in your face. Knowing I can do this, I know there isn’t anything that can’t be solved. At first I had a hard time "being there." I laughed a lot, and through the course I got better, and I think I will be a better listener for it. I also learned how to deliver a message without bobbing my head or raising my eyebrows.”

Advanced Communications Course

“I feel really good about finishing the Advanced Communications Course even though I did struggle with a few of the drills I had good wins and am ready to move on with the program.”

“Today I finished the upper Advanced Communications Course! I feel confident in my ability to handle, guide, and control situations and people in my life. I am happy to have accomplished this and grateful for the assistance and support of those around me.”

Drug Rundown

“Some decisions in life are hard, some not so hard, and some easy. Coming here was an easy one that I am very glad I made. The things I did and learned were life changing. My eyes seem to have been opened from a squint to open wide. The relief that I feel is wonderful, and the weight off my back feels unbelievable. I know that there is still a lot to learn. But I know even though the trip is the rest of my life, the road I am on is the Right Road. I am learning to live, and living to learn.”

Grade 0 completion

”I have completed Grade 0 and know I can give and receive communication or not to and from others on any subject. I also don't have to handle anyone else's communication to others. I often had the urge in the past to intrude on others' comm with others (this actually encompasses part of grade 4.) I no longer have that urge, but can allow others the freedom to ARCx or not with others and not feel the need to intrude. This is a major relief.”

Purification Body Detox Program

“I felt lethargic and sad when I first arrived here at the Life Improvement Center some days ago. My attitude was negative, and I just didn't feel like "me," the "real me." After completing the purification body detox, I feel excited about life again and recharged. My skin and nails look better and my overall outlook on life seems brighter. I'm so glad I did this. It has given me a new found hope and a new lease on life. I am now out of the "fog" that drugs and alcohol create. I am ready to take on life. Thank you for giving me a brighter future.”

OT II

OT II kind of snuck up on me and I started to notice changes in my awareness level. As I move through all the OT levels (Ron's incremental introduction to ourselves) I am continually amazed. I have now gone past who I am and now it's what can I do. This level was a real eye-opener and removed so much charge. I'm so much freer now. Thanks so much to Ron and my C/S and my wife and friends who helped me to get here. I salute you all.

OT III

This is truly the most amazing data I have ever seen. It explains so much of life and what is happening on this planet. The training I received was superb and now I really understand the tech of this level. The course was so much fun and I became a much better auditor. The freedom and abilities I'm experiencing on OT III is what I was looking for - for a very, very long time. LRH is amazing! Thank you all.

One of the main things I marveled at after I completed OT III was everything I did was simpler, far less complicated. I was working as an auditor, and my sessions on pcs (after OT III) were so effortless - compared to before OT III. As a being I simply perceived and knew what to do with the pc. It was so simple. I was awestruck by the ease with which I audited my pcs. It is an unending revelation for me.

~oo00oo~



***Quote from
L. Ron Hubbard***

THE CODE OF HONOUR

1. Never desert a comrade in need, in danger or in trouble.
2. Never withdraw allegiance once granted.
3. Never desert a group to which you owe your support.
4. Never disparage yourself or minimize your strength or power.
5. Never need praise, approval or sympathy.
6. Never compromise with your own reality.
7. Never permit your affinity to be alloyed.
8. Do not give or receive communication unless you yourself desire it.
9. Your self-determinism and your honour are more important than your immediate life.
10. Your integrity to yourself is more important than your body.
11. Never regret yesterday. Life is in you today, and you make your tomorrow.
12. Never fear to hurt another in a just cause.
13. Don't desire to be liked or admired.
14. Be your own adviser, keep your own counsel and select your own decisions.
15. Be true to your own goals.

The Data Series

A series of Policy Letters written by L. Ron Hubbard
and compiled by

[The Association of Professional Independent Scientologists](#)
Preserve, Protect & Promote

The Association of Professional Independent Scientologists is a non-profit association dedicated to the promotion and practice of the original philosophy of Lafayette Ron Hubbard.



The Data Series of Policy Letters were written by L. Ron Hubbard as part of assisting people to think, understand and process data. These 24 Policy Letters explain how investigative procedures work when used correctly and help one to establish what is actually happening as distinct to what 'looks' like is happening.

They help to establish what the ideal scene is for any business, group or even individual and how to compare that to the existing scene and how to bring that scene closer to the ideal.

The Data Series of issues have been compiled into this one booklet and are freely available as a download from <https://independent-scientologists-association.net/Data-Series.shtml>

Get your copy today and enhance your thinking and ability to understand what is happening around you!

~oo00oo~



AN IDEAL STATE OF BEING

Before one can determine what is wrong with a state of being, one should have some idea what an ideal state of being might be. In other words, before one can repair, for instance, a radio, one must have some knowledge of what the radio is supposed to do and how well it could play in a good state of repair.

What, it should have been asked a few millennia ago, is an ideal state of being for Man?

In what state of mind does he best prosper? What is a well man? What is a happy man? What are the goals of Man? In what state of mind and body does Man live longest and fare best?

What does Man want to do? What is he trying to do? What is he?

Before one could presume to advance libido theories and pre-frontal lobotomies and magic healing crystals, one should have had some idea of the goal of his efforts.

The engineer in repairing a bridge, has to have some idea of what a bridge is supposed to do, what loads it is supposed to carry, how strong it has to be and what might be expected to wreck it again. This is simple reasoning. The engineer does not look at this bridge he is supposed to repair, sigh, say the problem is too complicated, bicker with several other "authorities" on bridges, put some dynamite in the wrong place and blow it up and then wonder why there isn't any bridge left and begin to explain to passers-by that he was called too late, that was all, that bridges aren't much good anyway.

Yet one fears this has been the method of address to the problem of the human mind and body.

To begin a rehabilitation of a human mind and body, one should know something about their optimum state. That would be the beginning of the answer as to how the mind and body could be rehabilitated. Further, it would be the beginning of an answer as to what environment and conditions best favor the human body and the human mind. After that, one could devise means of achieving an optimum condition.

In this new science there are over two hundred axioms which, one to the next, form a logical

structure concerning the mind and body, which structure is demonstrated to be workable by the discovery of many new phenomena. This structure also predicts where phenomena might be found—and when one looks to see if the prediction was true, finds that it is. Accomplishments which people are calling miracles come about because of the logic and phenomena of these axioms.

The goal of Man here on this earth is apparently “SURVIVAL.” And by survival is meant everything necessary to survival including honor and morals and idealism and other things which make life bearable. A Man survives as long as he can in one lifetime at the highest level he can attain in activity and happiness. When he can no longer attain to some hope of this ideal, he succumbs. And although one is chary of exciting incredulity, the fact is so easily demonstrated in so many ways with such machine-like scientific consistency, it should be known that Man apparently dies in body only and gets born to live another day. The value of death is not small since without death Man would still be an algae in the sea, without death Man would be forced to live in a body which no longer fitted the environment. Your auditor can show you such an incident as an earlier death unless you are very occluded. Death has lost its sting in this new science and is seen to be rather practical after all.

Physically, on the evolution chain, Man is attempting a greater and greater control of his environment. The environment does not control a healthy Man. He controls the environment. The surroundings of a sick Man, a neurotic or insane Man have a tendency to control him. One sees this clearly as one advances, by this new science, into happier states of mind. One’s health and ability rises directly as one asserts greater and surer control over his surroundings. Conversely, one asserts better and better control of his surroundings as he becomes healthier and happier.

Thus there is a second goal. Man is evidently surviving to attain a higher and stronger control of the physical universe. The physical universe is composed of matter, energy, space and time. The coined word for the physical universe in this new science is “MEST.” That is easy to remember because it is composed of the first letter in each of the four words, “Matter,” “Energy,” “Space” and “Time.”

Of course Man may have other goals outside of the physical universe, but we note that he is most concerned here on earth with a conquest of MEST. Naturally he is concerned about his fellows and living organisms in general for he is in a sort of brotherhood with all life. Life in general is engaged upon this conquest and Man is the highest form of Life on earth. Without this cooperative effort of all life, a conquest of the physical universe or even survival on a barest necessity basis would be impossible. Man is sufficiently complex as a mechanism that he must live upon lower orders of life which only in their turn can take sunlight and chemicals and evolve complex foods such as proteins.

Now one hopes that his reader is not engaging upon that trick common to many readers—people often search and recall only items which validate their old ideas. Pick up a book on philosophy which has been read by a reader who underscores with a pencil and one will find that the most utter banalities have been noticed; only things which AGREED with the old ideas of the reader were noted. One often wonders why such a fellow reads at all. The data in this new science aren’t isolated opinions but a structural whole and with that whole one can accomplish an occasional miracle and can almost always effect a marked improvement in an individual. This has never been done before with any consistency, and so one hopes that these data are being studied a little for themselves, not for how well they may agree with old ideas.

For they don’t agree with old ideas—and old ideas produced unhappiness, starvation, quick death, wars, insane asylums and much other unwanted bric-a-brac. This is not just a plea for

understanding. If you want to get better than you ever could have been before, let's try these on for size and wear them until we clearly see their workability. If, after a thorough trial, you find they do not work, then you have every right to discount them. One can say this to you without any fear that you'll discover otherwise—too many miracles have been happening in this new science.

The list of axioms in the back of this book will give you definitions for pain, pleasure, anxiety and other such things in case you are curious. Here we are only treating the ideal state of being in the framework you will need to pursue the exercises in this volume.

The first item in the ideal state is I AM. Shakespeare was quite correct with his question, "To be or not to be?" When a Man is trying to make a decision, that decision breaks down into a matter of choosing one of two courses: to be or not to be. The highest level of the desirable state is I AM. No doubts of the advisability of being, no qualms about the future. The lowest level on a survival course would be I AM NOT. In between we have the doubts and writhing and indecision's of the weary, the angry, the frightened. When a Man has made up his mind as to a course he is only then comfortable. So long as he hangs in a maybe on any decision he is uncomfortable. In any course there are just two decisions possible, to assume a state of beingness or to assume a state of not-beingness.

Included in these pages is a tone scale which is fronted with its own descriptive data.

The ideal state of being is to be found across the top of that scale. The states of death or notbeingness are found across the bottom of the scale.

And here we have the matter of gradient scales. Successes are little bits of living. Failures are little bits of death. Like the battle that was lost all for the loss of a horseshoe nail, a small failure can begin a series of failures which end in actual death. Not that death is very important, besides being painful, but that one tends, then, to give a very heavy weight to failures.

The ideal state of being could be said to be wholly successful in all things. This is opposed by being so unsuccessful that one is dead.

The next point in the ideal state of being is I KNOW, opposed by I KNOW NOT.

Doubts, worries, grinding efforts at study, all these are simply gradients between I KNOW and I KNOW NOT. What Man does not quiver a trifle when confronted with the Unknown?

The next point in an ideal is SERENE. This drops away and, at the bottom rung, having gone downwards through Exhilaration, Enthusiasm, Cheerfulness, Antagonism, Anger, Fear, Grief and Apathy is DEAD.

TRUST is the ideal point on the scale of TRUST DISTRUST. The most distrustful one can become is, again, dead.

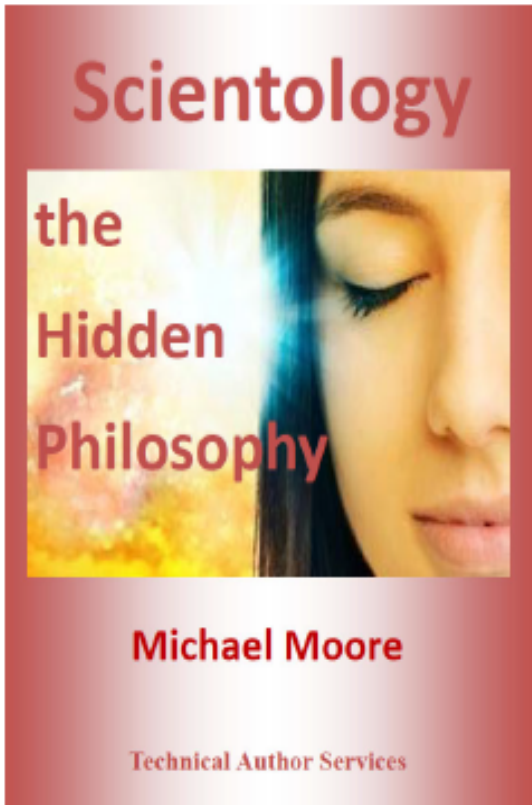
The ideal point of longevity would be ALWAYS in a perfect body. The bottom of that scale would again be *dead*.

FULL RESPONSIBILITY would be in an ideal, opposed by NO RESPONSIBILITY as an undesirable state.

And finally, but not least, there is CAUSE and EFFECT. The subject of CAUSE and EFFECT is so important that it will be mentioned several times in the exercises themselves.

One's ideal state is to be the CAUSE. The least desirable state would be EFFECT. The ultimate in being EFFECT is death.

Thus we have a brief statement of what an ideal state might be. Only a few of the points have been given but they will serve. Ideally, one would be fully aware of being and would *be*. That is I AM. One would be entirely SUCCESSFUL. One would KNOW. One would be SERENE. One would TRUST.



The Hidden Philosophy

Everything you always wanted to know about Scientology.

Many people have misconceptions about Scientology, what it is and does.

It does not make a person good or bad or crazy or powerful. Morally superior or inferior. It simply opens up the ability to be oneself.

As Ron Hubbard has said himself, Your potentialities are a great deal better than anyone ever permitted you to believe.

—SELF ANALYSIS

Just a few of the subjects covered include:

What is Scientology ?

Lafayette Ron Hubbard
 The Philosophy of Dianetics and Scientology
 Scientology: the Hidden Philosophy
 Basic Principles of Scientology
 Dynamics
 Know to Mystery Scale
 Awareness Levels

Mary Sue Hubbard
 Dianetics
 Scientology
 Using the Basics
 ARC Triangle
 Tone Scale
 And much more

Get your free copy today from: <https://independent-scientologists-association.net/Scientologythehiddenphilosophy.shtml>

Also available at: <https://authorservices.org>

ISBN: 978-0-6486-727-1-5



Price of Diamonds



Comprehensive up to date news and information on diamonds

One would be in perfect HEALTH physically. One could assume FULL RESPONSIBILITY. And one would be CAUSE without being unwilling to be CAUSE.

Of course, it would be not entirely desirable to attain these ultimates since one would then lack for action. But attaining them as nearly as possible would be a desirable condition.

The odd part of it is, when one drops on any one of these things he drops on all the others, so interactive are these portions of life.

This volume and its exercises and auditing seek to assist the individual upwards toward this state of being which one could call ideal. How closely the individual may attain such a state depends largely upon his own willingness to work at the matter rather than the validity of the tenets themselves.

An ideal state of being, it goes without remark, would not include illnesses and inability to control oneself or his environment. Control of oneself and one's environment depend upon his attainment toward the ideal state of being.

Extract from: Handbook for Preclears by L. Ron Hubbard.

~oo00oo~



***Join The Association
of Professional Independent
Scientologists today and
make a difference to your life!***

<http://independent-scientologists-association.net>

***“The human mind is capable of resolving the problem of the human mind.” -
L.R.H.***

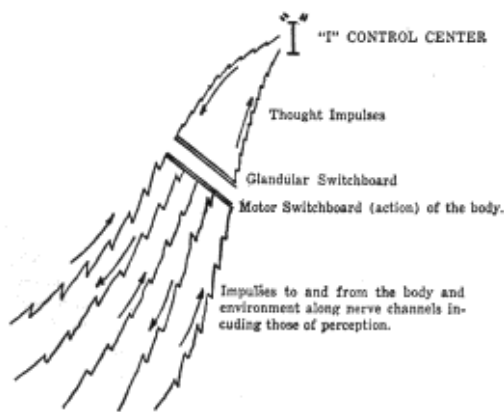
THE CONTROL CENTER

Every mind may be considered to have a *control center*. This could be called the “awareness of awareness unit” of the mind, or it could be called simply “I.”

The control center is CAUSE. It directs, through emotional relay systems, the actions of the body and the environment. It is not a physical thing. Here is a diagram of the control center, “I,” in relation to the emotions and the body and environment.

The total function of “I” is the estimation of effort. It thinks and plans and resolves the problems or future effort.

When “I” has estimated a needful effort and puts it into action, its impulses impinge against the glandular system switchboard. The glandular system is a relay



unit. It turns the emotional impulse into action.

The motor switchboard is a complex set of physical circuits and these go to various parts of the body and channels of perception in order to coordinate physical action at the direction of the glandular system.

On a return circuit, the environment or the body, through the nerve channels of perception and the channels in the body itself, an impulse from the environment or the body goes into the switchboard and is directly recorded by “I” facsimile. The emotional system, in a mind in good condition, is bypassed on an incoming impulse unless “I” directs it expressly into the glandular system.

The physical body is a carbon-oxygen motor. It has been built out of the eons of experience, the summaries and conclusions of “I.” Its internal motions and actions can be placed by “I” in the category of “automatic response.” Thus the heart beat and circulatory system are automatic in action. Thus many other motions of the body are automatic. But, as can be demonstrated, any of these motions can be altered by “I.”

The glandular system is quite complex as such, but its function is simple. It is the translation medium, evidently, for thought. The system is partially physical and partially thought.

Thought is definitely comparable to nothing in the universe of matter, energy, space or time, having no wave length, weight, mass or speed and being, therefore, a zero which is an infinity or, in short, a true static. Thought, thinking and life itself are of the same order of being. Demonstrably they have no wave length, therefore contain neither time nor space.

Thought only appears to have time because in it is recorded physical universe time. There is obviously an “action” in thought but, as obviously, it is not action in this universe. (To see the proofs of this character of thought, see the axiomatic text.)

~oo0oo~



EMOTION

As the operating mechanism between thought and action, EMOTION should be well understood.

Emotion exists to monitor motion. Thought itself seems to have an emotional impulse which is free of physical universe waves. This is studied in various ways, but it is only important to us in the resolution of the problems of the human mind.

Various emotions produce various actions. Anger, for instance, is the catalyst for attack. Fear is the signal to withdraw. Grief is the signal to be quiet and initiate nothing. Apathy is the signal to be dead or to feign death so that a marauder will go away. Vari-

ous glandular compounds are injected into the system to produce these results. Fear and grief, for instance, have an added compound to make the flesh taste bad—for Man is but recently a food animal.

There is an entire scale of emotions to produce certain motions. And there is a herd reaction, as witnessed in mass hysteria, whereby emotion acts upon others mechanism developed in the control of hunting packs whereby the entire pack could feel afraid and run or feel angry and attack without any other command. This shows up additionally in any modern leadership. The leader is that one who emotionally affects others most strongly toward positive action.

In interpersonal relations, emotion plays an enormous role. In this new science we have what is called COUNTER EMOTION. Incidents quite often will not reduce until the pre-clear is made to feel the emotion of others toward him. But quite aside from this manifestation as an ethereal something, there is the real mechanism of sympathy. One person shows grief in order to get support from the other. The other shows sympathy and gives the support. Man is so interdependent and the physical universe so occasionally rigorous that all interpersonal relations are built upon this dependency or its denial.

The broad field of the dynamics indicates the generalized character of emotion. The test of these conclusions is their workability. You will discover in processing the enormous importance of emotion. The emotion of an individual can be frozen by some facsimile he once wanted but now does not want, and he thereafter handles motion according to that emotion. Thus a person can be chronically angry or chronically in apathy and his behavior on all dynamics is the behavior of that emotion. By knowing this and the activities of any level on a tone scale of emotion, one can predict completely the actions of any given individual or handle him with ease.

The ideal state is fully self-determined emotion. Only then can one be happy and successful

~oo00oo~



Freedom

Fired on too many barriers, man yearns to be free. But launched into total freedom he is purposeless and miserable.

There is freedom amongst the barriers. If the barriers are known and the freedoms are known, there can be life, living, happiness, a game.

— SCIENTOLOGY: A NEW SLANT ON LIFE

L. Ron Hubbard

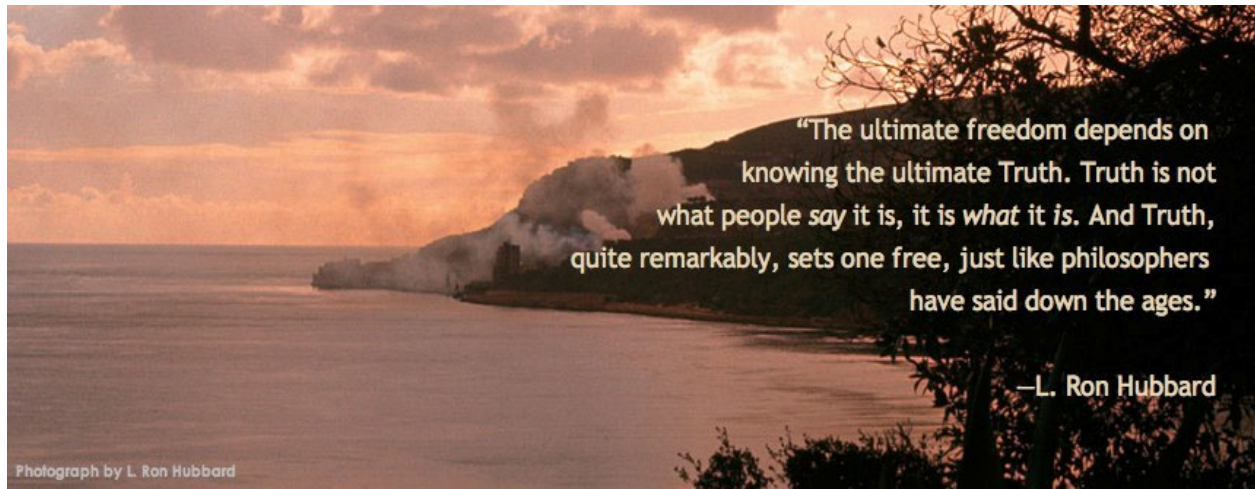
FREE THETA

The voice of independent Scientologists with Exciting articles by source and well known and well respected individuals. Regular favourite features. Available to APIS Members only.



"REALITY IS THE AGREED UPON APPEARANCE OF EXISTENCE"

SCIENTOLOGY 88008
Lafayette Ron Hubbard





A TRIBUTE TO MARY SUE HUBBARD

Wife of L. Ron Hubbard

Remembered with Respect and Honor



THE BRIDGE TO TOTAL FREEDOM

SCIENTOLOGY CLASSIFICATION GRADATION AND AWARENESS CHART OF LEVELS AND CERTIFICATES

TRAINING						PROCESSING															
Additional training services that may be done at various points on the Bridge*	Auditor's Class	Course/Class	Prerequisites	Topics Covered	Notes	IC Grade	Name of Study	Subject	Prerequisites	Class of AFSC/OT	Where Taken	Ability Gained	Additional processing services that may be done at various points on the Bridge								
Third and Fourth Dynamic Training Courses	Class XII Auditor	Class XII (OT 15)	Class XII Auditor Course	Class XII Auditor Course	Practical Class XII Auditing	Flag only	OT XV	OT XV	Practical Class XII Auditing	Class XII Auditor	Self-study	Certification of release	L12*, Flag OT Executive Roundup								
		Class XI Auditor	Class XI Auditor Course	Class XI Auditor Course	Practical Class XI Auditing	Flag only	OT XIV	OT XIV	Practical Class XI Auditing	Class XI Auditor	Self-study	Certification of release		L11*, New Life Roundup							
		Class X Auditor	Class X Auditor Course	Class X Auditor Course	Practical Class X Auditing	Flag only	OT XIII	OT XIII	Practical Class X Auditing	Class X Auditor	Self-study	Certification of release			L10 Roundup						
		Class IX Auditor	Class IX Auditor Course	Class IX Auditor Course	Practical Class IX Auditing	Flag only	OT XII	OT XII	Practical Class IX Auditing	Class IX Auditor	Self-study	Certification of release				Super Power					
		Class VIII Auditor	Class VIII Auditor Course	Class VIII Auditor Course	Practical Class VIII Auditing	Flag only	OT XI	OT XI	Practical Class VIII Auditing	Class VIII Auditor	Self-study	Certification of release					Cause Resurgence Roundup				
		Class VII Auditor	Class VII Auditor Course	Class VII Auditor Course	Practical Class VII Auditing	Flag only	OT X	OT X	Practical Class VII Auditing	Class VII Auditor	Self-study	Certification of release						Flag Only Roundups			
		Class VI Auditor	Class VI Auditor Course	Class VI Auditor Course	Practical Class VI Auditing	Flag only	OT IX	OT IX	Practical Class VI Auditing	Class VI Auditor	Self-study	Certification of release							Special Roundups and Audits		
		Class V Auditor	Class V Auditor Course	Class V Auditor Course	Practical Class V Auditing	Flag only	OT VIII	OT VIII	Practical Class V Auditing	Class V Auditor	Self-study	Certification of release								False Purpose Roundup	
		Class IV Auditor	Class IV Auditor Course	Class IV Auditor Course	Practical Class IV Auditing	Flag only	OT VII	OT VII	Practical Class IV Auditing	Class IV Auditor	Self-study	Certification of release									Confrontation
		Class III Auditor	Class III Auditor Course	Class III Auditor Course	Practical Class III Auditing	Flag only	OT VI	OT VI	Practical Class III Auditing	Class III Auditor	Self-study	Certification of release									
OT Debug Service	Class VI Auditor	Class VI (OT 15)	Class VI Auditor Course	Class VI Auditor Course	Practical Class VI Auditing	Flag only	OT Eligibility	OT Eligibility	Practical Class VI Auditing	Class VI Auditor	Self-study	Certification of release	PTSD Roundup								
		Class V Auditor	Class V Auditor Course	Class V Auditor Course	Practical Class V Auditing	Flag only	Solo Course	Solo Course	Practical Class V Auditing	Class V Auditor	Self-study	Certification of release		Method "D" West Clearing							
		Class IV Auditor	Class IV Auditor Course	Class IV Auditor Course	Practical Class IV Auditing	Flag only	OT Preparations	OT Preparations	Practical Class IV Auditing	Class IV Auditor	Self-study	Certification of release			Therapeutic TR Course						
		Class III Auditor	Class III Auditor Course	Class III Auditor Course	Practical Class III Auditing	Flag only	Solo Course	Solo Course	Practical Class III Auditing	Class III Auditor	Self-study	Certification of release				Co-audit Courses					
		Class II Auditor	Class II Auditor Course	Class II Auditor Course	Practical Class II Auditing	Flag only	Sunshine Roundup	Sunshine Roundup	Practical Class II Auditing	Class II Auditor	Self-study	Certification of release					ARC Straightwire				
		Class I Auditor	Class I Auditor Course	Class I Auditor Course	Practical Class I Auditing	Flag only	Expanded Dianetics	Expanded Dianetics	Practical Class I Auditing	Class I Auditor	Self-study	Certification of release						Happiness Roundup			
		Class 0 Auditor	Class 0 Auditor Course	Class 0 Auditor Course	Practical Class 0 Auditing	Flag only	New Era Dianetics (NEP)	New Era Dianetics (NEP)	Practical Class 0 Auditing	Class 0 Auditor	Self-study	Certification of release							Purification Roundup		
		Not Classed	Not Classed Course	Not Classed Course	Practical Not Classed Auditing	Flag only	Grade IV Release	Grade IV Release	Practical Not Classed Auditing	Not Classed Auditor	Self-study	Certification of release								Singing Ring	
		Not Classed	Not Classed Course	Not Classed Course	Practical Not Classed Auditing	Flag only	Grade III Release	Grade III Release	Practical Not Classed Auditing	Not Classed Auditor	Self-study	Certification of release									Tib and Spleen
		Not Classed	Not Classed Course	Not Classed Course	Practical Not Classed Auditing	Flag only	Grade II Release	Grade II Release	Practical Not Classed Auditing	Not Classed Auditor	Self-study	Certification of release									

DIANETICS AND SCIENTOLOGY INTRODUCTORY SERVICES

Success Through Communication	Life Improvement	Personal Efficiency	Scientology Introductory	Dianetics (Book One)	Anatomy of the Human Mind	Purification	The Way to Happiness	Hubbard Key to Life Courses
Hubbard's Best Selling Course... This course is designed to help you communicate effectively... It covers the fundamentals of communication... It is a practical, step-by-step guide... It is available in audio and video formats.	Hubbard's Best Selling Course... This course is designed to help you improve your life... It covers the fundamentals of life improvement... It is a practical, step-by-step guide... It is available in audio and video formats.	Hubbard's Best Selling Course... This course is designed to help you become more efficient... It covers the fundamentals of personal efficiency... It is a practical, step-by-step guide... It is available in audio and video formats.	Hubbard's Best Selling Course... This course is designed to help you understand Scientology... It covers the fundamentals of Scientology... It is a practical, step-by-step guide... It is available in audio and video formats.	Hubbard's Best Selling Course... This course is designed to help you understand Dianetics... It covers the fundamentals of Dianetics... It is a practical, step-by-step guide... It is available in audio and video formats.	Hubbard's Best Selling Course... This course is designed to help you understand the human mind... It covers the fundamentals of the human mind... It is a practical, step-by-step guide... It is available in audio and video formats.	Hubbard's Best Selling Course... This course is designed to help you purify your mind... It covers the fundamentals of purification... It is a practical, step-by-step guide... It is available in audio and video formats.	Hubbard's Best Selling Course... This course is designed to help you find happiness... It covers the fundamentals of happiness... It is a practical, step-by-step guide... It is available in audio and video formats.	Hubbard's Best Selling Course... This course is designed to help you understand the key to life... It covers the fundamentals of the key to life... It is a practical, step-by-step guide... It is available in audio and video formats.

DIANETICS AND SCIENTOLOGY BEGINNING BOOKS AND EXTENSION COURSES, LECTURES AND PUBLIC FILMS

Levels below "Need of Change" turn from "Need of Change" to "Need of Change"

How to Use This Chart	Definitions
<p>1. This chart is designed to help you understand the levels and certificates of Scientology.</p> <p>2. The chart is divided into two main sections: TRAINING and PROCESSING.</p> <p>3. The chart shows the progression from Class XII Auditor to Class 0 Auditor.</p> <p>4. The chart also shows the progression from OT Eligibility to OT XV.</p> <p>5. The chart includes a list of additional training and processing services that can be done at various points on the Bridge.</p>	<p>PREPARE: A person who is to be trained in a course must first be prepared. This means that he must have a "Need of Change" and be ready to receive the training.</p> <p>TEACH: The instructor must teach the course in a clear and concise manner. He must use the materials provided and follow the guidelines of the course.</p> <p>TEST: The student must be tested to determine if he has learned the material. The test should be practical and relevant to the course.</p> <p>EVALUATE: The instructor must evaluate the student's performance and provide feedback. This is an essential part of the learning process.</p>

A Special Quote from the Volunteer Ministers Handbook by L. Ron Hubbard

Exercises One, Two and Three

Exercise One

Look and Act Younger: Sitting somewhere near the center of a room, close your eyes and "contact" the two upper corners of the room behind you. Then, holding those corners, sit still and don't think. Remain interested only in those two corners.

You can do this for two minutes (minimum) or two hours, always with benefit. No matter what happens, simply hold the corners and don't think.

You can do this daily. It will make you look and act younger.

Exercise Two

Feel Freer: Pick out two similar objects. Then find as many differences between them as possible.

Now pick out two objects and see where they are in relation to each other and your body.

Use these two steps over and over. You will feel freer and see better.

Exercise Three

Better your memory: Go over this list many times, each time answering its questions.

"Recall a time which really seems real to you."

"Recall a time when you were in good communication with someone."

"Recall a time when you agreed to something."

"Recall a time when somebody disagreed with you."

"Recall a time when you liked somebody."

"Recall a time when someone agreed with you."

"Recall a time when someone was communicating easily to you." "Recall a time when somebody liked you."

Use this list many times. If "holding corners" (Exercise One) disturbed you, use this list. If you are tired or confused, use it.

This exercises can be done for hours.

~oo0oo~

Expanded Know to Mystery Scale

But you get a condensation of knowingness. A condensation of knowingness occurs down to lookingness. One has something to look at. And then this condenses and we get emotion. And this condenses and we get effort. And this condenses and we get thinkingness -you know, figure-figure. And this condenses and we get symbols. And the symbols condense and we get eating and the eating condenses and we get sex and the sex condenses and we get mystery.

Now, we could go on down south again and say, below mystery we get peering. And below peering, why, we would of course get misemotion. And below misemotion we would get horror of effort. And below horror of effort, why, we would get something on the order of a circuit instead of thinkingness, you see.

And below this circuit, why, we would get incomprehensible symbols and sciences like psychology. And below, and below this circuitry we would get indigestion. And below indigestion we'd get sterility and impotence. And below this, why, we would get unconsciousness.

**Native State
Not Know
Know About
Look
Emotion
Effort
Think
Symbols
Eat
Sex
Mystery
Wait
Unconscious**

PERSONAL INTEGRITY

WHAT IS TRUE FOR YOU is what you have observed yourself
And when you lose that you have lost everything.

What is personal integrity?
Personal integrity is knowing what you know-
What you know is what you know-
And to have the courage to know and say what you have observed.
And that is integrity
And there is no other integrity.

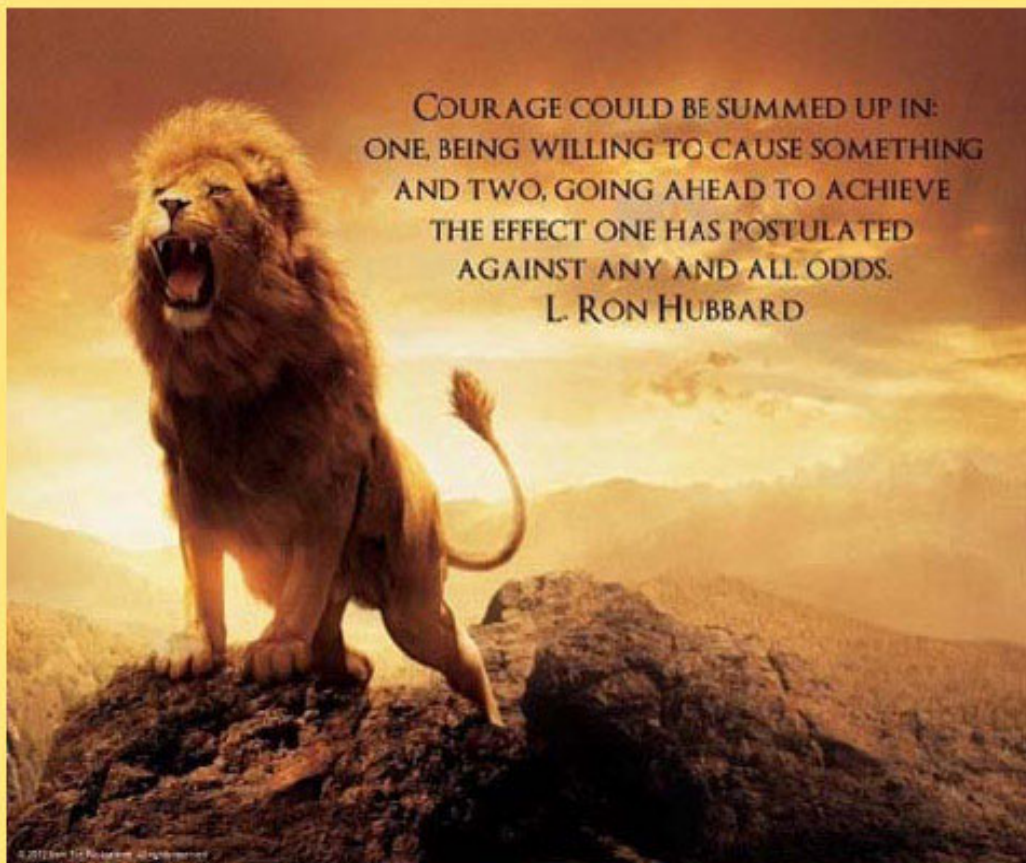
Of course we can talk about honor, truth, all these things,
The esoteric terms.
But I think they'd all be covered very well
If what we really observed was what we observed,
That we took care to observe what we were observing,
That we always observed to observe.

And not necessarily maintaining a sceptical attitude,
A critical attitude or an open mind.
But certainly maintaining sufficient personal integrity
And sufficient personal belief and confidence in self
And courage that we can observe what we observe
And say what we have observed.

Nothing in Dianetics and Scientology is true for you
Unless you have observed it
And it is true according to your observation.
That is all.

L. Ron Hubbard

Group Starter Kit for Scientologists



A Handbook for Field Scientologists Starting up a Group

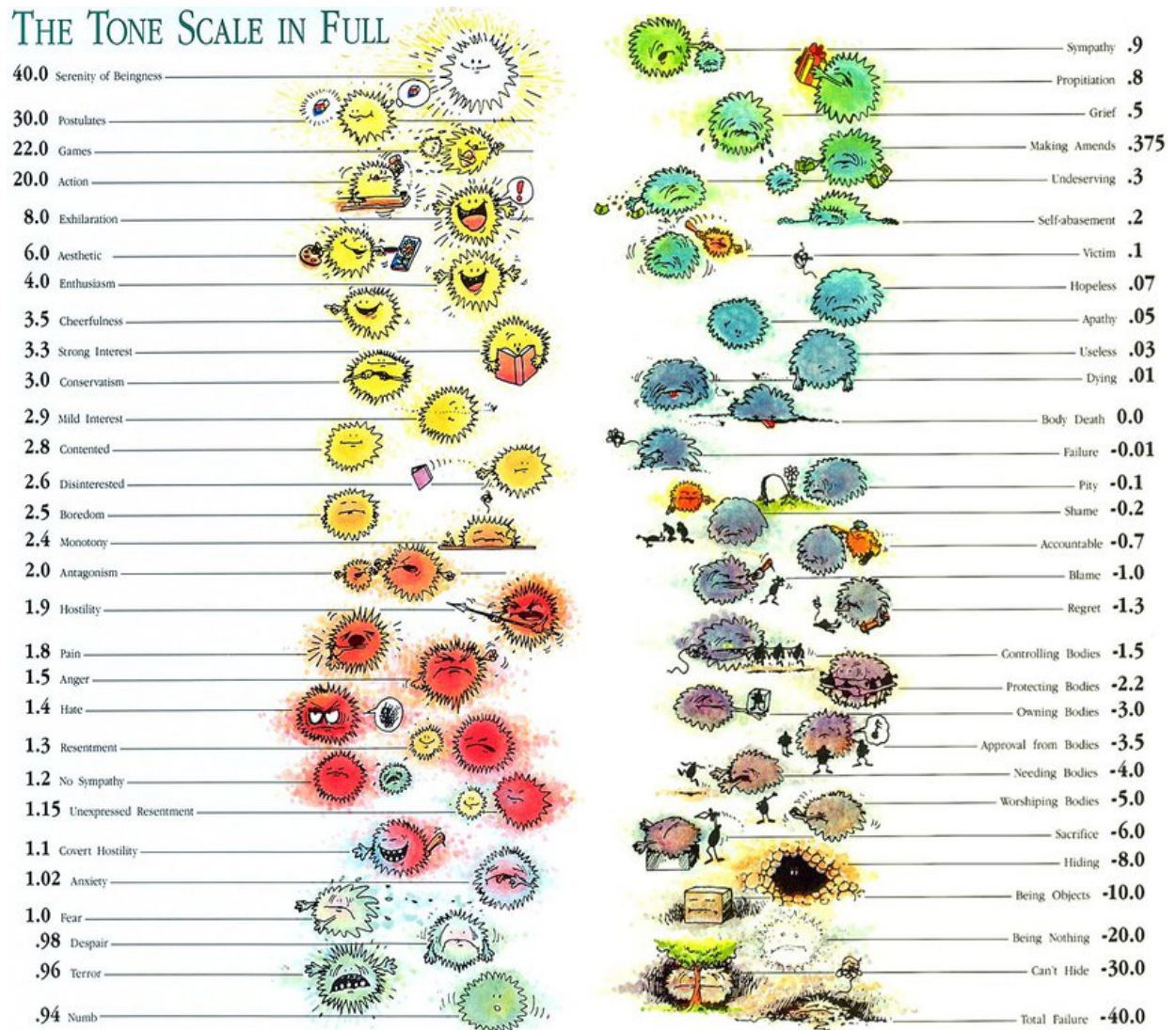
Published by The Association of Professional Independent Scientologists.

Get your Free Group Starter Kit today!

<http://independent-scientologists-association.net/start-a-group.shtml>

Copyright © 2023 ALL RIGHTS RESERVED Association of Professional Independent Scientologists.

The Tone Scale in Full



The Tone Scale

Understanding is composed of Affinity, Reality and Communication. This triangle tells us that the co-existent relationship between affinity, reality and communication is such that none can be increased without a resulting increase in the other two and none can be decreased without decreasing the other two. Of the three, communication is by far the most important. Affinity and reality exist to further communication. Under the heading of affinity we have, for instance, all the varied emotions which go from apathy at 0.1 through grief, fear, anger, antagonism, boredom, enthusiasm, exhilaration and serenity in that order. It is affinity and this rising scale of the characteristics of emotion which give us the Tone Scale.

Scientology 0-8. The Book of Basics

Daily do list from Ron

Here's a brief quote from Professional Auditor's Bulletin (PAB) No. 6, which I offer as a fair use quote for educational purposes:

"Now you happen to be using a body. Before we worry about your mind let's clean up the primary communication relay point, the body. And for two weeks, let's do these things:

1. Clean up your MEST, get done the various odd jobs you've "been meaning to do."
2. Bring yourself up to date socially and give a letter or a ring or a personal call on people you've neglected.
3. Take a one-hour walk every day, simply starting away from home very early (dawn is best) for half an hour and then walk back, a different direction every day. (If you can't walk, get out in the yard and throw things for half an hour. If you can't throw, spit at something for half an hour -- and I mean throw and spit literally.)
4. Get a physical examination and if anything is chronic get it cured.
5. Take twice a day 100 mg. of B1 (200 mg. total) and supplement it with 250 mg. of vitamin C.

If you will do these things, you will be ready in a couple of weeks for some auditing. And if you feel you're in such top condition you need no auditing, I dare you to do the above and feel the change."

What is gold?

Where did it come from?

How many different forms of gold are there?

Why does the price of gold change?

How can you buy gold safely?

How can you sell it for a profit?

How is gold used in the financial markets?

How is the price of gold established?

How are gold teeth made?

How are Olympic Gold Medals made and by whom?

What happens if you find gold treasure?

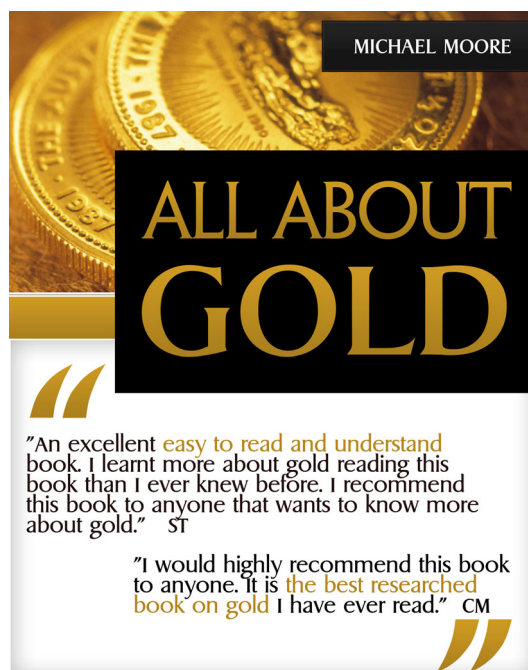
What are Gold Rounds?

What is a gold ETF (Exchange Traded Fund)?

T

Find out these and more in the book, ALL ABOUT GOLD. available as an e-book right now for just 9.95 dollars from.

<https://authorservices.org/product/all-about-gold/>



Regain your **ABILITY and POWER** as a Thetan

by L. Ron Hubbard

INTENTION. The ability to intend. And intention contains in it every power the Thetan has. The ability to throw a lightning bolt. The ability to hold something in position. The ability to make some thing continue. The ability to do away with something. Strength. Accomplishment. Power. Wit. Ability. These things are all wrapped up in the one common denominator of INTENTION.

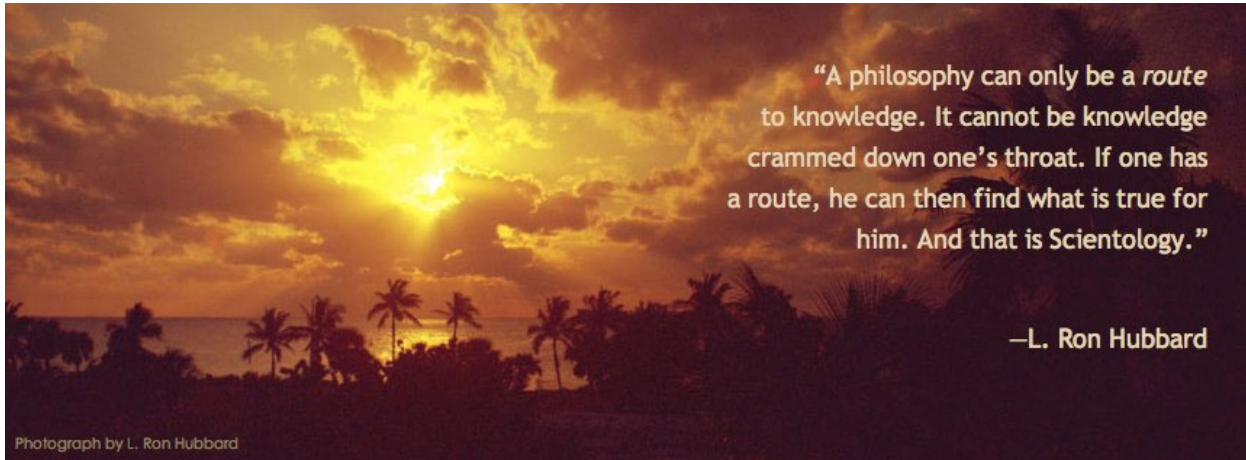
You've been able to do this in recent times. It baffles you sometimes when a piece of MEST does not instantly and immediately obey, but it's simply a matter of intention.

You intend something to happen and it happens. This is the ability to intend. And that is all there is to a thetan's power - there is no more to his power than that.

Intention is everything in case recovery. A person is as weak as his intentions are blunted. He will become as strong as his intentions are free. The greatest holder-backer of intention is the person himself. If he is regaining his power or ability or something like that, he's merely moving out of his road what blunts his intention and what has blunted his intentions, and that's all he is really doing.

Well, now he can go all the way, that is well within his grasp, and if he walks along a certain path and doesn't keep jumping off the cliff and so-forth, why he will arrive.

Copyright © 1964, 1973 by L. Ron Hubbard. All rights reserved. Scientology is an applied religious philosophy. The Church of Scientology is a non-profit organization.



This Newsletter is provided subject to the condition that it shall not be circulated in any form without the publisher’s cover and acknowledgement of the material contained herein and is not to be sold, hired or otherwise disposed of for any fee or consideration. It may be freely distributed online and passed along only in its current form and with the above proviso.

Comments and articles published in the FREE THETAN are not necessarily the opinions of the Publishers or Editors and are offered solely for information purposes only and any and all articles, comments, editorials in this journal are not to be considered or construed as ‘source’ material issued from L. Ron Hubbard, excepting the fair use quotes as used from the works of L. Ron Hubbard.

The Association of Professional Independent Scientologists is a non-profit association dedicated to the promotion and expansion of the workable philosophy of Lafayette Ronald Hubbard. It is independently operated by independent scientologists who are exercising their right to free religious expression and practice and is not associated with, endorsed by or affiliated with the Church of Scientology, its affiliates, corporations management organizations, groups, CST or the RTC.

This publication is designed to provide accurate and informative information only in regard to the subject matter covered. This publication does not purport to offer any professional advice of any legal, financial or psychological service and is issued with the understanding that the publisher, editor and contributors are not engaged in rendering any legal, financial, psychological or any other professional service and is offered for information purposes only. If any legal, financial, psychological or any other professional advice or assistance is required, the services of a competent professional person should be sought. The reader is solely responsible for his or her own actions.

Copyright © 2022 By the International Freezone Association Inc. operating as the Association of Professional Independent Scientologists. All Rights Reserved.

All copyrights and trademarks belong to their respective owners

~oo00oo~



Copyright © 2023 ALL RIGHTS RESERVED Association of Professional Independent Scientologists.